

KEEPING IT CLEAN

in the kitchen

daily tasks

- wash dirty dishes
- wipe off counter tops
- spot sweep/mop floor
- put clean dishes away
- clean sink

weekly tasks

- sweep and mop floors
- wipe off stove
- clean out microwave
- clean out fridge

monthly tasks

- clean out pantry
- sharpen knives
- run vinegar in dishwasher
- refill spices & seasonings

quarterly tasks

- wipe down all cupboards
- clean out freezer
- inventory long term stock and rotate
- throw out broken or unuseable items

Choose a specific date for monthly and quarterly tasks. Put them on your calendar.

KITCHEN CLEANING SCHEDULE

monday

- daily tasks
- sweep and mop floors

tuesday

- daily tasks
- wipe off stove

wednesday

- daily tasks
- clean microwave

thursday

- daily tasks
- clean out pantry (1x/mo)
- sharpen knives (1x/mo)

friday

- daily tasks
- run vinegar in dishwasher (at least 1x/mo)
- refill spices and seasonings (1x/mo)

saturday

- daily tasks

saturday

- daily tasks